



## Healthy Care Matters Conference

25<sup>th</sup> September, the Beardmore Hotel, Clydebank

### Programme

- 09.00 Registration and Tea/Coffee  
Exhibition areas open during all breaks
- 09.45 Welcome to Conference  
Chair Ann Darlington, Assistant Director, NCH Scotland
- Our Challenges in Supporting Young People who Self-Harm***  
Tom Lowe, Senior Psychologist, N. Lanarkshire
- Lessons from Practice: effective approaches to supporting the mental health of LAAC***  
Allyson McCollam: Chief Exec. Scottish Development Centre for Mental Health and Mary Sparling, Lead Officer, HeadsUp Scotland
- Health Messages from Inspection***  
Bryan Livingstone, Development Manager, Care Commission
- Panel – Questions and Answers
- 11.10 Coffee and Tea break in Exhibition Area
- 11.35 **Workshops** – Please sign up if required
- 12.40 Lunch – Waterhouse Restaurant – far end of ground floor.
- 13.50 **Workshops** repeat
- 14.55 Short Tea and Coffee break
- 15.15 Welcome to Afternoon Session  
Chair Emma Witney, Head of Healthy Sectors, NHS Health Scotland
- 'Broad Shoulders'*** Breeze Productions
- Extract from Film '365' exploring transitions from care to independence***  
Presented by Edinburgh International Festival and  
Vicky Featherstone, Artistic Director, National Theatre of Scotland
- Comment and Response
- 16.15 **Registration for SHCN AGM** in main venue. SHCN members please stay if you can.

Please allow 5 minutes to get to your seat at the end of each break so that sessions and workshops can start on time



Organised by SIRCC and The Scottish Healthy Care Network in partnership with NHS Greater Glasgow and Clyde, The Scottish Throughcare and Aftercare Forum, the Scottish LAAC Nurse forum, NHS Health Scotland, North Lanarkshire Council and Springboig St John's Residential School.



The Scottish Healthy Care Network would like to thank their sponsors

